



PSYCH-K® Master Facilitation Workshop

Thank you for your interest in the PSYCH-K® Master Facilitation workshop.

I have created some general information about the MFW for you to read before booking, which includes venue addresses, cost and timings and what is covered at the workshop.

After reading this information, if you would like to book a place at the workshop, you can do this directly through my website via Paypal and you don't need to have a Paypal account for this. If you would prefer to pay by bank transfer or in cash on the first day of the workshop, you can pop an email to my lovely assistant, Valentina and she will tell you everything you need to know.

Once you have booked your place, you will receive an automatic document with more detailed information about the workshop, accommodation options, and directions etc and I will also send a group email out one to two weeks before the start of the workshop to touch base with everyone.

If you would rather pay by bank transfer or in cash, Valentina will send you the detailed information document.

Venue Addresses

Cardiff - [Village Hotel. 29 Pendwyallt Rd. Cardiff. CF147EF](#)

London - [The Novotel London West. Shortlands. Hammersmith. London. W68DR. Tel: 02076600680](#)

Workshops that I teach outside London and Cardiff are generally sponsored/organised by someone else and the sponsors contact details can be found on my website. These sponsored workshops are in Northampton, Dubai, Hungary and possibly Italy.

Workshop Cost

£760 if paid in the month leading up to the workshop.

£700 if paid up to one month before the workshop.

Please note that early bird payments cannot be offered for bookings made in the month leading up to the workshop.

Payment plans are available upon request and full payment must be completed by the start of the chosen workshop. All you have to do is send an email thorough the contact from on my website and we can take it from there.

Timings

Friday 9.00am - 6.30pm

Saturday 9.00am - 6.00pm

Sunday 9.00am - 5.00pm

What is covered at the PSYCH-K® 3 day Master Facilitation workshop

Important notice

A 39 page pre reading workshop manual is sent to participants prior to the workshop and upon receipt of payment. The manual must be read before the start of the workshop.

It is recommended that bookings are made and paid for at least two weeks before the workshop. This allows enough time to read the manual at least

twice, as the first morning of the workshop is spent discussing the contents of the manual.

*** Once the manual is emailed to you, payment for the workshop becomes non-refundable. If, for some reason, you are unable to attend the workshop once the manual has been sent, you will be able to book on to another Master Facilitation Workshop, but not receive a refund *.**

Some of what you will learn at the MFW is outlined here:-

Introductions with Core Connection

Each participant will have an opportunity to provide a brief introduction including a Core Connection statement. The Core Connection is the statement you will share with someone when then they ask you what you do. It is a simple and highly effective way to engage people with out even mentioning the name PSYCH-K®.

Review and Discuss Pre-Workshop Materials

A limited amount of time will be available to discuss and clarify information from the manual.

Discuss & Balance with Mutual Language: ‘We’ vs. ‘I’

Using mutual language is one expression of doing ‘with’ versus ‘on’ or ‘to’.

Messages Protocol – Discuss, Demonstrate, Facilitate

Sometimes, situations and conditions may be transformed simply by identifying and Balancing meaningful goals. However, they commonly represent a superconscious attempt to bring something important to the Partner’s attention in the form of a ‘message’ (e.g. an insight, a change in perspective, a life style change, etc.). This process will be provided at the workshop.

Surrogation – Discuss, Demonstrate, Facilitate

Surrogation allows facilitation with someone who cannot participate directly, e.g. someone physically incapacitated, not physically present, or too young. The process is based on creating a ‘link up’ between the superconscious minds of the

individual or group who will experience the change (the “Partner”), and that of a willing Surrogate. Surrogation will be specifically used in this workshop for facilitating internet video and phone sessions. Details and procedure will be provided at the workshop.

Facilitate in Triads with Debrief Discussions

In groups of three and in a total of three sessions for each format, each participant will be a Facilitator, a Partner, and an Observer. Sessions will include the following three formats:

ī In-Person, Face-to-Face Sessions

ī Internet Video Sessions - could be Skype, Zoom, FaceTime etc. You will have the opportunity to watch a demo session being facilitated and then you will have the opportunity to practice in groups of three.

ī Telephone Sessions - You will have the opportunity to watch a demo session being facilitated and then you will have the opportunity to practice in groups of three.

PSYCH-K® sessions are more and more commonly being offered by Facilitators over the telephone and Skype etc. This can really open up the possibilities for offering 1-1 sessions and the intention of these practice sessions is that you will gain the confidence to begin to offer sessions in this way.

Other topics in the MFW -

- PSYCH-K® International - a Worldwide Organisation
- Scope of Service
- What we do and don't do
- Under promise and over deliver
- Keep the ego in check
- Muscle testing for
- Mixing modalities in a single session

- - Self -testing methods
- - Facilitator v Practitioner Models
- - Establishing Communication and why we do it.
- - Ask Helpful Questions to Stimulate Helpful Information for Creating Goal Statements.
- - Goal Statement Creation: Quality vs Quantity
- - Making Simple Session Notes (for yourself and your Partner)
- - Secondary Gains
- - “Bookmarking” A Session
- - VAK to the Future
- - Session Preparation
 - Set Sessions Up for Success
 - First Call Goals: Keep it Simple! - Session privacy
 - Confidentiality
 - Setting client expectations
 - Disclaimer
- - Session scheduling
 - First time clients
 - Subsequent sessions with established clients
 - Confirm session time

- Scheduling Tips for Core Belief Balances and Relationship Balances (In person sessions).
- Skype/Zoom Calls (Much is also applicable to phone calls)
- - Session structure; Keep it Simple and Effective - The Power of Intention in Sessions
- Goals for Your Sessions
 - Information Gathering
 - How Many Balances Can I Do in a Session?
- - Simple Session 5 Point Outline
- Sessions with partners
- The Role of the Isumataq
- Keep Your Sessions as Simple as Possible - Important Points of Clarification
- Ideas for starting Video or Phone Sessions: - “Prescribing” Balances
- The Session
- Session follow up
- Follow Up After a Session
- What is the best way to Follow-Up?
- When Should Follow-Up Take Place? - Who Initiates the Follow-Up?
- “PSYCH-K DOESN’T WORK” and How to Respond

Additional Master Facilitation Workshop Information - this will be sent out post workshop and can be discussed on the arranged Zoom post workshop meeting.

Whole-Brain Marketing

Be the Example of PSYCH-K

Some Wisdom from the Greeks, “Know thyself!”

Identify the Benefits of Using PSYCH-K Identifying Ideal Client Characteristics
Identify Ideal Client Groups
Presentations Rather Than Demonstrations

Developing Your PSYCH-K Website

A PSYCH-K ® Page

Competition vs Collaboration

Testimonials

Embedding RELEVANT Content on Your Website

PROCESSES not Techniques

Hire a Website Professional and Questions to Consider When Hiring a
Professional Website Designer

Session Pricing Session Packages

Payment Methods

Skype/Zoom Sessions Lighting and Sound: Empathic PSYCH-K Facilitators

I look forward to hopefully seeing you at a workshop.

Love and hugs

Cazzie