



## PSYCH-K® Master Facilitation In-Person Workshop

Thank you for your interest in the PSYCH-K® Master Facilitation workshop (MFW).

I have created some general information about the MFW for you to read below, before booking, which includes venue addresses, cost and timings and also what is covered at the workshop.

After reading this information, if you would like to book a place at a workshop, you can do this directly through my website. If you would prefer to pay by bank transfer or Wise pop me an email at [cazziedare@yearning4learning.co.uk](mailto:cazziedare@yearning4learning.co.uk) and we can sort that out.

If you book your place via my website, you will receive a link to click on to download the workshop information document. This document has more detailed information about the workshop, such as accommodation options, and directions. If you book directly with me, I will send you the same document. I will also send a group email out a couple of weeks before the start of the workshop, to touch base with everyone.

I look forward to hopefully meeting you at a Master Facilitation Workshop.

Hugs and love

Cazzie

## **Venue Addresses**

**Cardiff** - Premier Inn Cardiff Bay. Bute Place. Cardiff. CF10 4AA

**London** - Leonardo Hotel Heathrow. Bath Rd. Sipson. West Drayton. UB7 0DP

**Bristol** - Premier Inn Cribbs Causeway. Catbrain Lane. Bristol. BS10 7TQ

**Cost:** £1190 early bird / £1260 full price

## **Timings**

Days 1-3 9.00am - 6.30pm

Day 4 9.00am - 5.00pm

## **What is covered at the PSYCH-K® 3 day Master Facilitation In-Person workshop**

### **Important notice**

**A Facilitator Manual is sent to participants prior to the workshop and upon receipt of payment. The manual must be read before the start of the workshop.**

**It is recommended that bookings are made and paid for at least two weeks before the workshop, to give enough time to read the manual at least twice before the pre workshop call. The pre-workshop call is usually a couple of days before the workshop at 7pm GMT/BST**

**\* Once the manual is emailed to you, the workshop has begun and payment for the workshop becomes non-refundable. If, for some reason, you are unable to attend the workshop once the manual has been sent, you will be able to book on to another Master Facilitation Workshop with the same instructor, but not receive a refund \*.**

Some of what you will learn at the MFW is outlined here:-

### **Introductions with Core Connection**

Each participant will have an opportunity to provide a brief introduction including a Core Connection statement. The Core Connection is the statement you will share with someone when then they ask you what you do. It is a simple and highly effective way to engage people with out even mentioning the name PSYCH-K®.

### **Discuss & Balance with Mutual Language: ‘We’ vs. ‘I’**

Using mutual language is one expression of doing ‘with’ versus ‘on’ or ‘to’.

### **Transforming the Perception Stress into a State of Peace**

We will look at different and new ways to use the TPS protocol.

### **Secondary Gain**

We will look further at secondary gain and build on what you learnt at the Basic.

### **Messages Protocol – Discuss, Demonstrate, Facilitate**

Sometimes, situations and conditions may be transformed simply by identifying and Balancing meaningful goals. However, they commonly represent a superconscious attempt to bring something important to the Partner’s attention in the form of a ‘message’ (e.g. an insight, a change in perspective, a life style change, etc.). This process will be provided at the workshop.

### **Surrogation – Discuss, Demonstrate, Facilitate**

Surrogation allows facilitation with someone who cannot participate directly, e.g. someone physically incapacitated, not physically present, or too young. The process is based on creating a ‘link up’ between the superconscious minds of the individual or group who will experience the change (the “Partner”), and that of a willing Surrogate. Surrogation will be specifically used in this workshop for facilitating internet video and phone sessions. Details and procedure will be provided at the workshop.

## Facilitate in Triads with Debrief Discussions

In groups of three and in a total of three sessions for each format, each participant will be a Facilitator, a Partner, and an Observer. Sessions will include the following three formats:

**In-Person, Face-to-Face Sessions** - You will have the opportunity to watch a demo session being facilitated and then you will have the opportunity to practice in groups of three.

**Online Sessions** - could be Skype, Zoom, FaceTime etc. You will have the opportunity to watch a demo session being facilitated and then you will have the opportunity to practice in groups of three.

**Telephone Sessions** - You will have the opportunity to watch a demo session being facilitated and then you will have the opportunity to practice in groups of three.

During each session, there will be three rounds, with each person playing the role of Facilitator, Partner and Observer. After each session, you will have the opportunity to Balance around the observer feedback. This is an incredible opportunity to really step into being confident, exquisite Facilitators and you will be able to see, in real time, how things change after Balancing. What becomes noticeable is that there is less 'opportunity for growth' feedback as Facilitators move through the sessions.

PSYCH-K® sessions are more and more commonly being offered by Facilitators over the telephone and online. This can really open up the possibilities for offering 1-1 sessions and the intention of these practice sessions is that you will gain the confidence to begin to offer sessions in this way.

**Blocks and Barriers** to facilitating PSYCH-K® with others. Here, we really delve deep into secondary gain and what might be stopping you from actively Facilitating PSYCH-K® with others, whether professionally or with friends and family.

**Ideal Partner Avatar** - Here you will be able to identify who it is you really want to support and be of service too. Again, it could be friends and family or professional clients. You will be taken through an exercise to help you really understand who you want to work with and how you will do it.

**Additional Master Facilitation Workshop Information** around setting yourself up in business- this will be sent out post workshop and will be discussed on the arranged Zoom post workshop call.